

## ROSWELL ADULT AQUATICS CENTER WINTER GUIDE FOR ALL ACTIVITIES

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
	LANES AVAILABLE	CLASSES	LANES AVAILABLE	CLASSES/THERAPY	LANES AVAILABLE	CLASSES/THERAPY	LANES AVAILABLE	CLASSES/THERAPY	LANES AVAILABLE	THERAPY	LANES AVAILABLE
7:00A	ALL			Closed	ALL		ALL		ALL		ALL
8:00A	ALL			Closed	2,3,4,5	Integrated Therapy 8:00A-4:00P LANE 1	2,3,4,5	Integrated Therapy 8:00A-10:00A LANE 1	2,3,4,5	Integrated Therapy 8:00A-4:00P LANE 1	ALL
9:00A	ALL			Closed	2,3,4,5		2,3,4,5		2,3,4,5	Big Gym Therapy 9:30A-5:30P LANE 1	ALL
10:00A	2,3,4,5	Learning Services 10:15-11:30 Lane 1	NONE	Silver Sneakers Splash* 10:10A-10:55A	2,3,4,5		NONE	Silver Sneakers Splash* 10:10A-10:55A	2,3,4,5		ALL
11:00A	1	Aquatic Joint Conditioning 11:10A-12:00P	NONE	Silver Sneakers Splash* 11:10A-11:55P	2,3,4,5		1	Aquatic Joint Conditioning 11:10A-12:00P	2,3,4,5		ALL
12:00P	ALL		2,3,4,5	Unique Therapy 12:00P-6:00P LANE 1	2,3,4,5		2,3,4,5	Unique Therapy 12:00P-6:00P LANE 1	2,3,4,5		ALL
1:15P	ALL		2,3,4,5		NONE	Silver Sneakers Splash* 1:10P-1:55P	2,3,4,5		2,3,4,5		Pool Closed
2:00P	NONE	Silver Sneakers Splash* 2:10P-2:55P	2,3,4,5		2,3,4,5		2,3,4,5		2,3,4,5		
3:00P	NONE	Silver Sneakers Splash* 3:10P-3:55P	2,3,4,5		2,3,4,5		2,3,4,5		2,3,4,5		
4:00P	ALL		2,3,4,5		ALL		2,3,4,5		2,3,4,5		
5:00P	ALL		2,3,4,5		ALL		2,3,4,5		2,3,4,5		
6:00P		Pool Closed	ALL			Pool Closed	ALL			Pool Closed	
7:00P				Pool Closed				Pool Closed			

Winter: 12/01-02/20  
Spring begins 03/02

COLOR KEY:

Classes

\*Silver Sneakers  
Classes  
Ongoing

Open/Reserved  
Swim

Therapy/  
Contracted Groups

Facility Closed; Cleaning and Rentals

This schedule is subject to change. Please  
call 770-641-3982 for additional info.